



2019-20 : Edition 1

Let us remember:
One book, One pen,
One child and One
teacher can change
the world!

– **Malala Yousafzai**



BOWL OF SPROUTS
Had your dose of crunch today?

THE UNSEEN PREPARATION! -

Smita Vishweshwar

The quote describes perfectly the preparation of ANYTHING at Sprouts!

You, the parents have chosen Sprouts for your child. The onus therefore, lies with the school to ensure that each day is WELL-SPENT; that your child has engaged in meaningful activity. This can happen only when the day-flow is smooth and organized. A myriad experiences through the years have cemented the fact that preparation is the key factor to smooth functioning.

At Sprouts, the preparation process begins months in advance - from macro planning to micro detailing. This early start allows time and space for discussions and decisions, with the result that actual implementation flows smoothly, thus benefiting the child.

The school calendar is the perfect example for highlighting macro - to - micro preparation in all the environments. With every environment operating as a unique entity catering to a specific age-group, planning for a new academic year begins early - in October of the current year!

The areas that impact the whole school are first finalised upon - term holidays and whole school events. This is planning at the macro level.

The next step in the process is within environments. Coordinators and their teams brainstorm and arrive at plans of action, in areas both academic and non-academic. Present content is reviewed for effectiveness in terms of learning impact on the child.

“Spectacular achievement is always preceded by unspectacular preparation.”

Dr. Montessori referred to a set of 3 questions that any activity should be tested with:

Did the child work with it?

Did the child work with it repeatedly?

Did the child work with the purpose it was meant for?

The school must provide a vibrant learning space for the constantly evolving child. New avenues that offer different kinds of learning are explored; if found suitable, included in curriculum.

Preparations for the new academic year are in place by the time the school year ends. In the month that follows, workshops that span education to movement, spiritual to creative thinking, provide teachers the space to learn, hone, refine and rejuvenate! The school now waits for the new year to commence; when October comes around, the process of preparation will repeat itself!



QUOTES by DR. MONTESSORI!

*Quotes that plot the growth of a child.....
.....at Sprouts!*

The Toddler Child

"...the tiny child's absorbent mind finds all its nutriment in its surroundings. Here it has to locate itself, and build itself up from what it takes in"

The Primary Child

"So, from the age of three till six, being able to now to tackle his environment deliberately and consciously, he begins a period of real constructiveness."

The Lower Elementary Child

"The child has a mind able to absorb knowledge. He has the power to teach himself."

The Upper Elementary Child

"To make it clear whether or not a child has understood, we should see whether he can form a vision of it within the mind, whether he has gone beyond the level of mere understanding."

The Early Adolescent

"Education should therefore include the two forms of work, manual and intellectual, for the same person, and thus make it understood by practical experience that these two kinds complete each other and are equally essential to a civilized existence."



New....New...New Beginnings!!

NEW CAMPUS/NEW TODDLER ENVIRONMENT/NEW FACILITIES!

This NEW campus houses the Early Adolescence and Upper Elementary & Primary 5.... And a new Roof Top Play Area!!



- NEW locations...
- NEW environments..
- NEW facilities...
- NEW materials....
- NEW initiatives...
- So many 'NEWs' at Sprouts this year!!
- So... What's...NEW?



The Toddler Environment underwent a Metamorphosis! Sports a NEW Look!



New....New...New Beginnings!!

NEW Materials to Inspire Learning! Pan Environments!



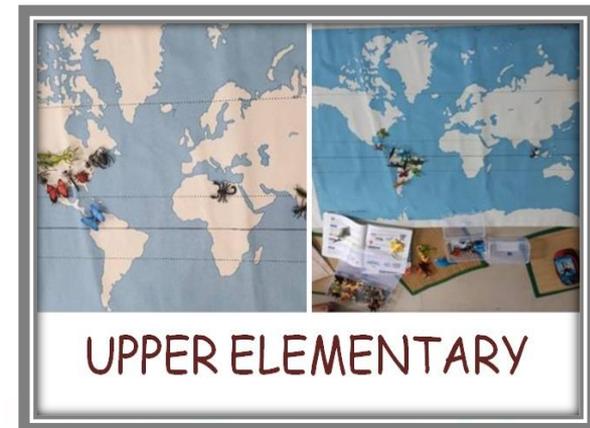
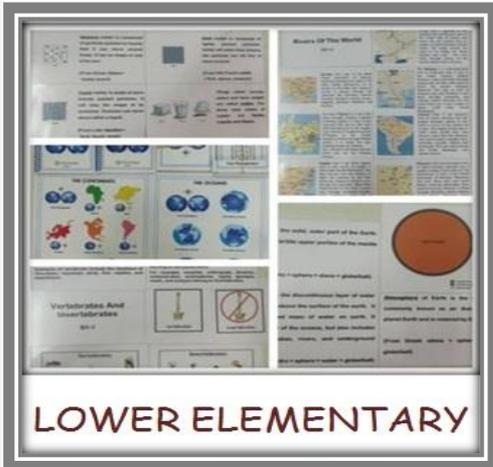
New material that's good for me to work with!!

New material to improve eye-hand coordination, concentration and enrichment of vocabulary



New materials to explore Culture!

Exploration of the physical world from Historical events, to Biological adaptations; from Geographical Landforms to Environmental Studies.



New....New...New Beginnings!!

NEW INITIATIVES & INCLUSIONS!!...

Adding a Fresh new Layer to Growth & Development!
This Year Offers.....

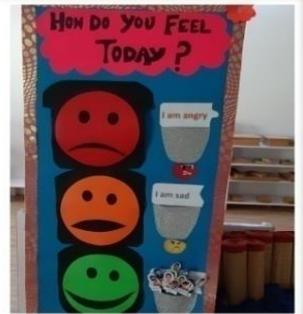
THEATRE FEST!

Theatre explores Child's Rights with the Lower Elementary students through stories!
Watch out for the Theatre Fest this September!



A SOCIAL BEHAVIOUR INITIATIVE!

A new inclusion in the Primary!
**I CHOOSE...to be greeted this way...
EVERY MORNING!**



New....New...New Beginnings!!



STUDY TRIP!

Students of the Upper Elementary and Early Adolescence travel back in time when the Mughal Empire prevailed! A Study & Architectural Trip to Agra & Delhi!

WORKSHOPS & ORIENTATIONS IN A NEW FORMAT!

A series of short workshops that focus on frequently raised concerns and the teaching methodology practiced across all environments – **Introduced this year!**

A 3 day orientation programme in the Toddler environment was conducted for parents to understand better the Toddler Child and all that our Prepared Environment offers them!

A workshop on ‘Who is a Lower Elementary Child?’ has been done and already a feedback from a Parent!

Kantha Krishnan says, “Thank you so much for that lovely interactive session. The insight into their curriculum helped us understand how we can complement what is being done at school and areas where we shouldn't interfere. Such sessions truly help us to be better prepared to cater to their inquisitive minds. Like every other interaction with the Sprouts teachers, I came back with the feeling that we are one "team" working for the child.”

CREATIVE EXPRESSIONS!

Where Art is more the journey of learning than the end product! The Upper Elementary and Early Adolescence students explore a new dimension of creativity under the tutelage of Prof. Srinivas Krishnan, with new guest lecturers every week! So much is in store this year!! Novel concepts, novel way of learning!!

SILAMBAM!

Physical Fitness down an ancient path, but a new one for the students of the Upper Elementary!



New....New...New Beginnings!!

Creative Expressions flowed in new dimensions with different exposures! A look at the Lecturers who generously shared their time.... with our senior students!

Ms. Vijaylakshmi Jaishankar, formerly with Rishi Valley Education Centre, Madanapalle, gave the children an interesting presentation on the 'Navgrahas' – the nine Celestial bodies and their role in our Cosmos. The Sun, Moon, Mars, Mercury, Jupiter, Venus, Saturn, Solar Eclipse and Lunar Eclipse form the 'Navgrahas'.

Ms. Tara Verghese, an expert in the field of Marine Biology, Conservation and Study of Ecology, screened a short film based on the book, 'The Lorax' by Dr. Seuss. The story highlights the need and importance for protection and conservation of trees and the environment. The message shared was 'Unless you care a lot, nothing is going to get better!' – something we need to practice to protect the environment today!

Mr. Sachin Mannath, a performing artist, film composer and lead singer for AR Rahman's Sufi Ensemble, spoke to the students about the importance of 'breathing right' as well as the importance of Vocal Health. The very enriching session was rounded off with our budding musicians learning a Louis Armstrong song, 'What A Wonderful World'!

The fourth session acquired a new hue! It was all about colours, fabrics and fashion! Prof. Srinivas Krishnan touched upon the history of cotton cultivation in India – how it was grown, sent to the west and sold back in Indian markets! **Ms. Subhadra Chandran**, from the prestigious NIFT then took over! Her talk was all about clothing, colours and their meanings, fabrics and seasons....it was an enjoyable, enthusiastic and interactive session!



World Environment Day!

World Environment Day is celebrated on June 05th every year!

Theme for 2019 :
BEAT AIR POLLUTION!



Discussions in the Lower Elementary gave rise to exciting ideas ...to protect our environment!

NO – to plastics! NO – to fire crackers; NO – to food shortage!.....AND YES – To Paper bags! YES – to water conservation; YES – less of electricity consumption!

Children joyfully planted chilli and tulsi seeds in paper cups even as they committed to caring for them!

The Primary too...shows care for the environment on World Environment Day!

A Clean Space Matters! Focused Attention to Work!!



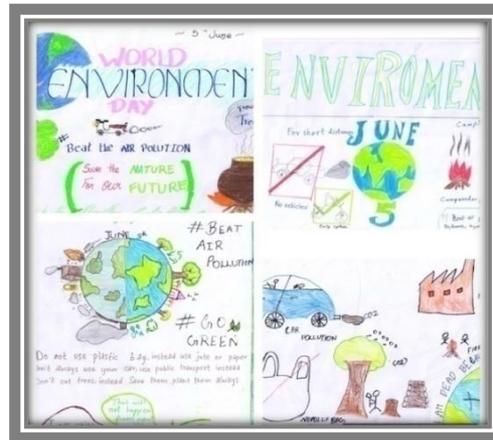
World Environment Day 05 June, 2019

The EARLY ADOLESCENCE celebrated WORLD ENVIRONMENT DAY too! – The FIRST event for this academic year!

In working towards a better, greener tomorrow our young minds captured ways our environment could be nurtured and protected through Beautiful Artwork and Creative Captions!

**Focused Presentations! Solutions to Issues! The Visuals Speak!
Feast for the eyes!**

“ Beat Air Pollution ”



Herbs & Spices Day Celebrations!

Debates & a Skit! – Our Children in action!

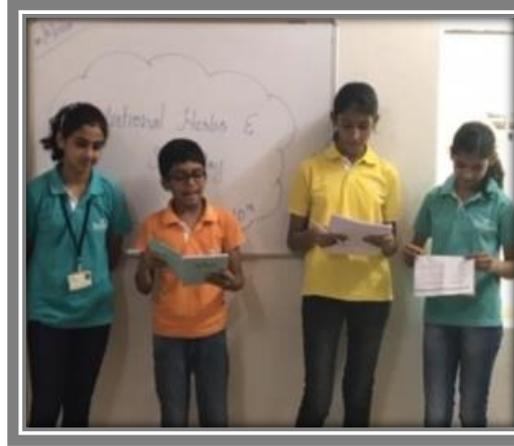
Did you know that National Herbs and Spices Day is observed annually on June 10?

Herbs and spices have been used for many hundreds of years! They add aroma and deliciousness to food!

Packed with goodness, every herb and spice carries its own health benefit!

To promote awareness of this fragrant world, the EA team created numerous and novel exciting activities - extempore presentations, debates, skit, art and craft, preparation of herbal tea...fun-filled, yet highly learning activities ruled the day!

The Upper Elementary children also joined in and shared their titbits of experiences with herbs and spices!



Students shared information not only on the essential presence of herbs and spices in dishes, but also how to grow them! Growing one's own herbs and spices at home can be a rewarding experience! Herbs create a naturally fragrant ambience that can be soothing and relaxing.

Our principal Mrs. Smita Vishweshwar gave away saplings of herbs to our students based on their choice as part of the day's celebrations!

As a first-time celebration of 'Herbs and Spices Day' in Sprouts, the event was a sweet, fragrant success!!

The pictures celebrate the fun of National Herbs and Spices Day!

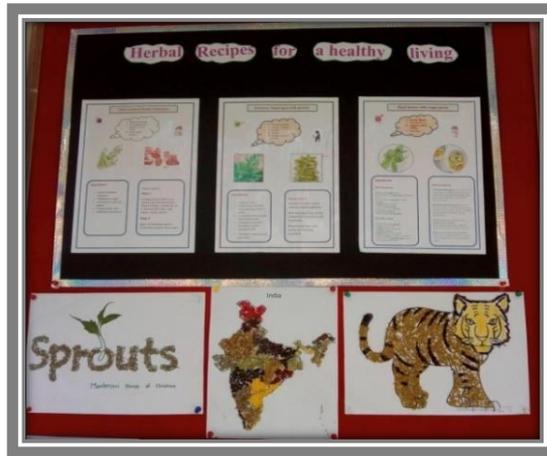
Saplings for Our Garden!



Herbs & Spices Day Celebrations!



Herbal Tea .. In the making



Art Work – With Spices!

Healthy Recipes for a Healthy Living!



Herbal Tea...Anyone? Here's a recipe for Herbal Tea! A Refreshing Energiser!

Ingredients:

- A large handful of fresh mint leaves (organic) or from your garden
- About 2 cups/240ml filtered water (depending on how strong you want your tea!)
- Honey to taste
- Optional – lemon

Instructions:

- Roughly tear the leaves with your hands and place them in a small strainer placed over a teapot or glass bowl.
- Bring the water to a boil and pour over the leaves. (The water should cover the leaves in the strainer)
- Cover the teapot or bowl and let the leaves steep for at least 5 to 10 minutes.
- Gently bruise the mint leaves with the back of a wooden spoon or a muddler to release the oils, then remove the strainer pressing on the leaves to extract as much liquid as possible.
- Pour into tea cups and sweeten with honey or sugar to taste if desired...and a dash of lemon for added zest!

Father's Day Celebrations!

*"A Father doesn't tell you that he loves you.
He shows you."*

From the Toddler Dads....

I have 2 "best dad" badges because I've twins. My kids are having a wonderful time at school and that makes me feel at peace.



It's amazing to see the little one who was so tiny and would fit into my arm, going to school wearing a uniform. Cherishing every minute of it!



I have taken 2 weeks off from work so that I can be there for my daughter for first two weeks of school. At the beginning it was quite a tense situation for me waiting outside wondering if she is alright or if she is crying but I'm able to see now that she has overcome that phase and likes coming to school.



As a father, it really makes me happy that the school makes it a point to involve parents. I am glad to be here, when I was a child my parents never visited the school



Father's Day Celebrations!

'Being a father makes me a better person...'

From the Primary Dads.....



'Drop off my little one at school....say bye to her and watch her walk into class – gives me immense joy...would never swap this task for anything else in the world...'



'The word 'perfect' was just a word; I discovered the meaning of it, see my daughters grow up!'



'Life has changed after becoming a father'



'Overwhelming to see my child do so much for me on Father's Day at such an early age...'



International Yoga Day!

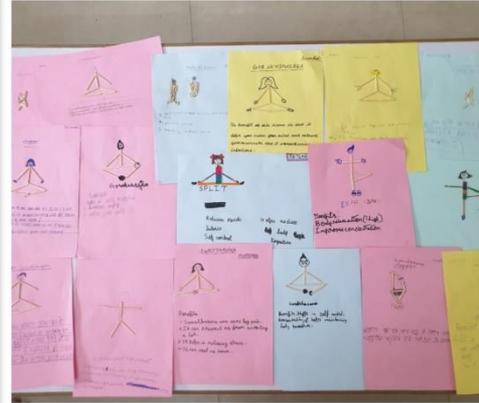
Yoga is the journey of the self, through the self, to the self."

-- The Bhagavad Gita

India's gift to the world – YOGA – became global with June 21st, being celebrated the world over as International Yoga Day! Yoga is a beautiful practice of integrating mind and body as one!

Sprouts welcomed Ms. Jyothi of Krishnamachari Yoga Mandiram to share insights on the benefits of practicing Yoga.

Students of the Upper Elementary found a rather unusual way with match-sticks to depict Yoga Aasanas!



An Unexpected Delicious Visit!

Come the summer.....the KING of fruits....our National Fruit...announces his presence with fragrance and flair! Different varieties of mangoes in different sizes tempt so invitingly! This is a fruit that inspired poet Kalidasa to praise it...Alexander the Great to savour its taste.....as did the Chinese Pilgrim Hiuen Tsang! Mango! Juicy, fleshy, sweet and delicious fruit!

What then could be more exciting than a visit to the Hanu Reddy Organic Mango Farm in Guduvancherry!!

The Lower Elementary and Upper Elementary environments along with their teachers visited the farm on 21st June 2019. It was a great experience!!



A little prep work on Mango trees before the visit!



An Unexpected Delicious Visit!

An exciting day was planned for the group at the farm! A walk through the land full of mango trees, laden with fruit! Many varieties – Alphonso, Banganapally, Neelam, Chausa...just to name a few!! Some so low they were practically touching the ground! You can guess what treat followed next!!! Mango plucking!

The Vardah Cyclone resulted in uprooted, battered trees. As an example of 'Best out of Waste' a long table that can seat 200 people was made from the wood of the fallen trees! The school group occupied just HALF the table during snack and lunch time!

There were other treats in store too! Trying their hands with clay on the potter's wheel....a jolly bullock cart ride around the farm.....play time.....all put together created a memorable visit for the group from Sprouts!



WORLD CAMERA DAY

A Good Snapshot Stops a Moment from Running Away!

-Eudora Welty, Writer/Novelist

At Sprouts we learn...and we learn...and we learn!

Did YOU know that World Camera Day is celebrated on June, 28th? Sprouts discovered it this year!!

Just SEE all that the EA children did! They visited ALL the environments! They took a lot of pictures! They made collages and followed that up with Presentations! A Day well-celebrated!

The pictures speak for themselves!!! Their happy faces say it all!



WOW! WOW! WOW MOMENTS!

Moments that Make the Adult Pause in Wonder.....



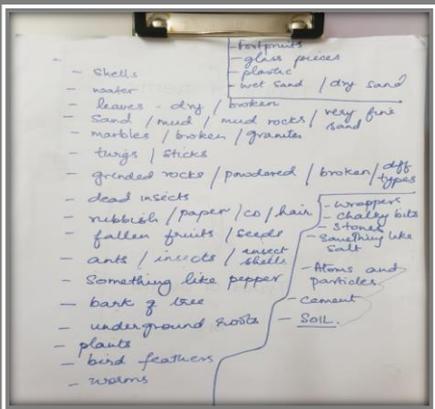
Adhvik of Primary helps his little friend, Sharadha who hurt herself. The picture says it all!!

Three weeks into the Lower Elementary and we see a different Rithvik! Earlier a quiet child who preferred his own company, Rithvik now works and plays with the friend he has made; he actively responds to questions! The trip to the mango orchard was delightful for the ADULTS – to see Rithvik and friend having a good time!

Some of the children of the Upper Elementary explored the sand in their campus and made a list of all that they saw and found there. The descriptions and observations made were so accurate and wonderful... some black particles like pepper... something like salt.. something very fine.....the list went on.

When they were done, the only observation made by the adult was, "So all you have said is what makes up the soil!"

The children were surprised that they had done an important aspect of their studies through this simple fun activity! And the adults were amazed by the depths of their focused observation through this simple fun activity!



When Aunty gave a presentation on handling a chowki, Krishna of Toddler, wanted to get it right! – And he worked at it, laying down all the chowkis available in the environment. Practice makes perfect! The picture shows Krishna with the chowkis!



Hola Parents! Get Bamboozled!
Figure these out!

TEMPERATURE

PAR
2

CHANCE

HEART

COLLAR
HOT

THE
HEAD
SAND



Answers:
- Falling temperature
- Two under par
- Fat Chance
- Broken Heart
- Hot Under the Collar
- Head in the sand



THE TEAM

Smita Vishweshwar

Isha Antony

Adah Ramona

Bhuvaneswari Murali

Tripura Gurajada

Sujatha Jaishankar

Geetha Venkat

Sarini Subramanian

S. Gayathri

Preethi Bharath